

Dear Customer,
thanks for choosing our **idmatch Footkit**

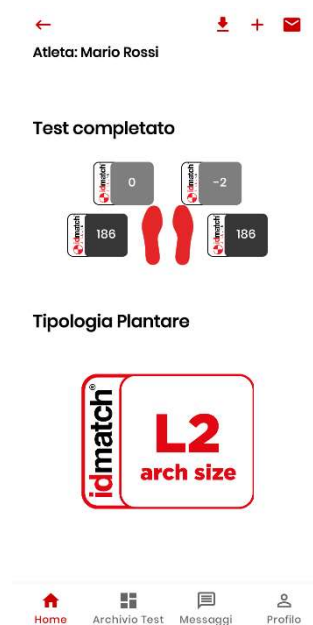
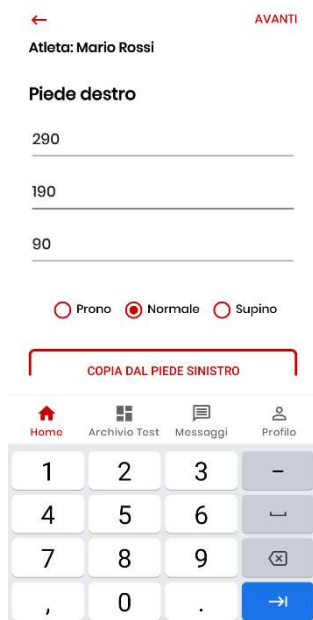
To use the idmatch cleat fit app, please scan with your phone camera the following code or check the website <http://footkit.idmatch.it>



SCAN ME

To sign up with your shop username and password please use the following code: **IDMITA23**

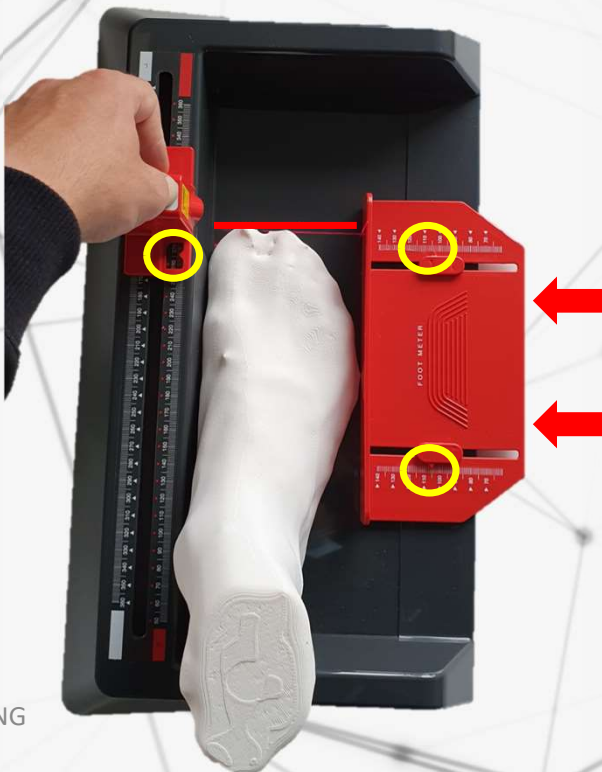
The new app allow you to save all the customers data, have an updated archive and offer the service of the cleat fitting position plus the footbed selection based on the foot characteristics and dimension.



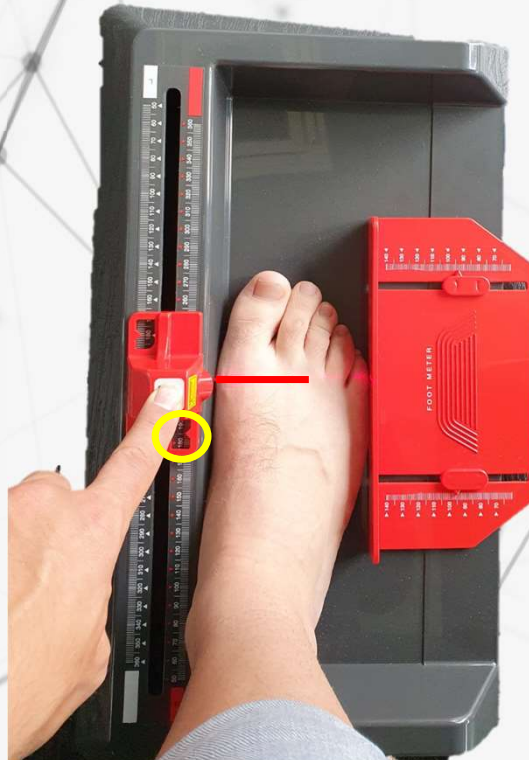
Discover more at idmatch.cc/footbed

How to measure the Feet

Take the total length & the width of the foot *(read the numbers in the yellow circles)*



Measure the length from the heel to the first metatarsal bone

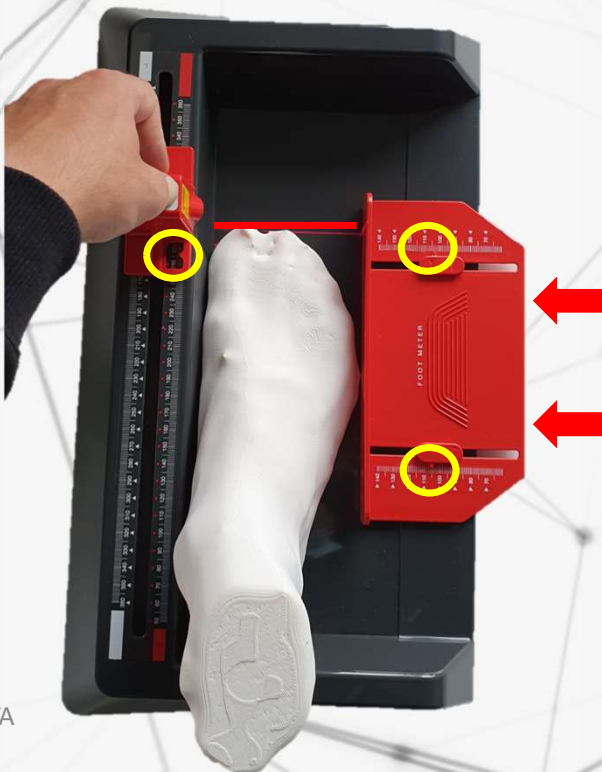


To find the metatarsal axis you can lift the foot-thumb to easily find it

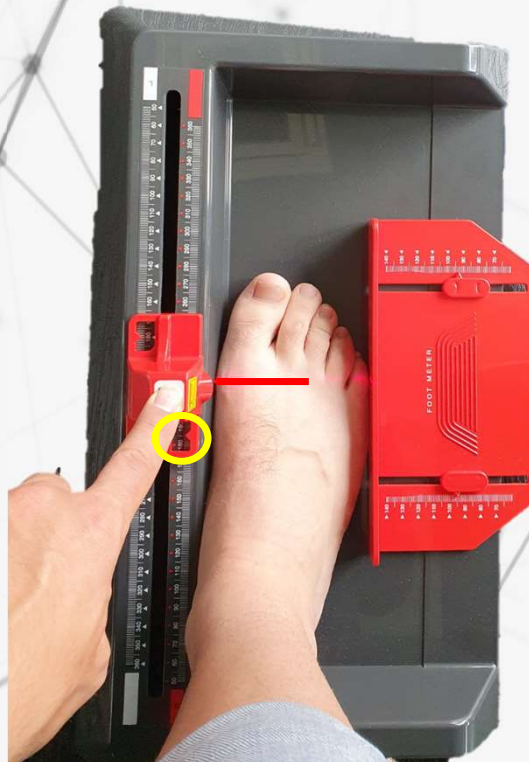


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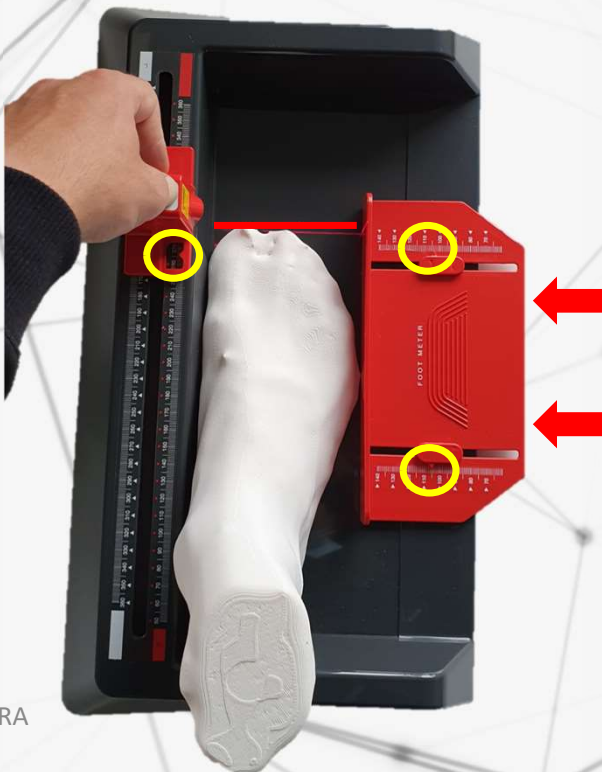


To find it you can lift the foot-thumb to easily find the metatarsal axis

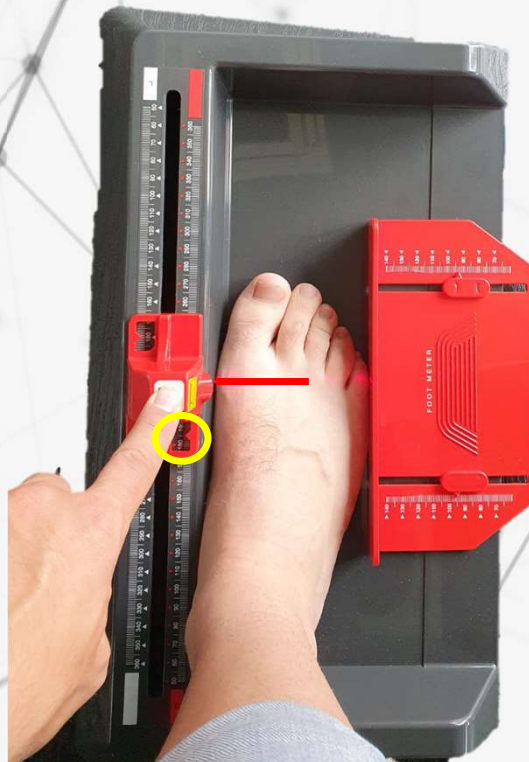


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Measure the length from the heel to the first metatarsal bone



To find it you can lift the foot-thumb to easily find the metatarsal axis



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CLEAT FIT

USER MANUAL

idmatch® Cleat Fit is a practical solution that allows you to find the best possible support on your pedals.

With the Cleat Fit system you can be sure of a perfect alignment between the pedal axis, the cleat and the cyclist's foot. It is a measurement system unique in the world which allows the cleat to be positioned exactly at the most correct point of the sole, based on the distance between the axis of the foot and the heel measured inside the shoe. This ensures that the cleat position will always be correct, regardless of the characteristics of the footwear used.

Thanks to a **Laser Beam** the position of the pedal axis under the sole is marked, aligning it in a simple manner to the cleat, and finally the laser is integrated by a **Protractor Disc** applied to the cleats which allows adjusting both the distance of the cleat from the heel and its rotation in relation to the longitudinal axis. The **idmatch®** measurement system also includes the use of the **Footmeter**, which allows taking the correct measurements of the foot.

THE PACKAGE INCLUDES (Fig. 1)

- the preassembled **idmatch® Cleat Fit**
- 1 disc holder
- 2 M4 metal screws for fastening the disc holder
- 5 discs for the different types of cleats**
- 1 XS tip

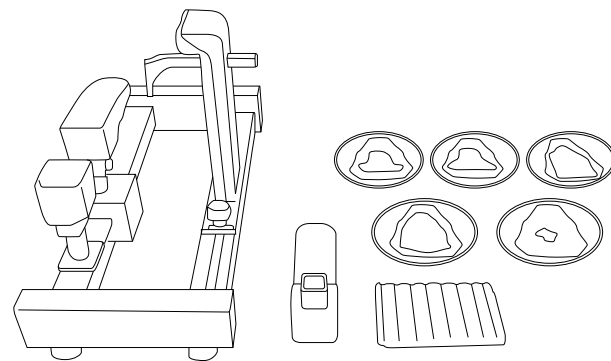


Fig. 1 - Package contents

PROCEDURE FOR ASSEMBLING THE DEVICE:

1. Position the disc holder as shown in the figure and fasten it with the 2 M4 screws provided.

(Fig. 2)

2. Insert and connect the battery to the connector. To proceed, remove the small door with a screwdriver and make sure, after inserting the battery, you close it again by securing the screws.

(Fig. 3)

3. Foot tip: should it be necessary to replace this, you can proceed by unscrewing the nut placed at the base of the foot shape, extracting the tip and replacing it with the one with the desired size. Fasten it by inserting the bolt back into the hole and tightening the nut.

(Fig. 4)

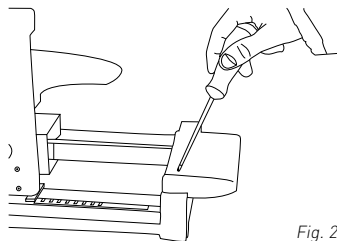


Fig. 2

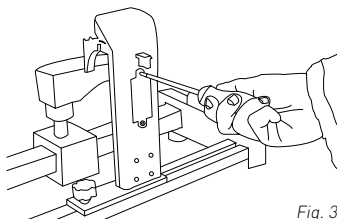


Fig. 3

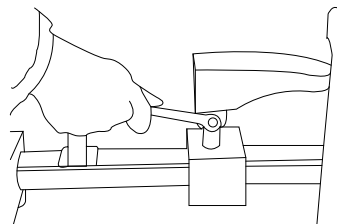


Fig. 4

USE PROCEDURE:

- *1. Loosen the shoe as far as possible and insert it on the support starting from the toe and then attaching the heel. At this point, make sure that the heel adheres correctly to the support and whilst applying pressure to this push forward the tip (Fig. 5). To reduce any lateral movement of the shoe, tighten the shoe with your own tie-up system.

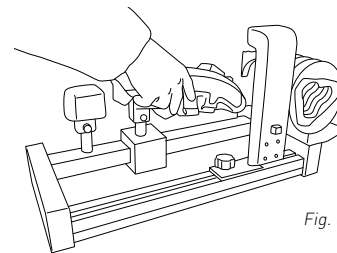


Fig. 5

2. If not already fitted, mount the cleat on the shoe.

3. Select the protractor disc suitable for the cleat of the shoe.

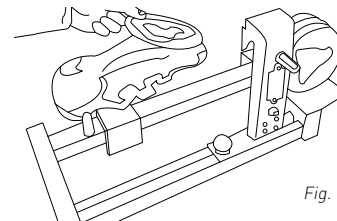


Fig. 6

4. Place the protractor disc on the cleat (Fig. 6)

5. Loosen the cleat screws completely.

6. Adjust the laser column on the scale according to the measurements indicated by the web app. (Fig. 7)

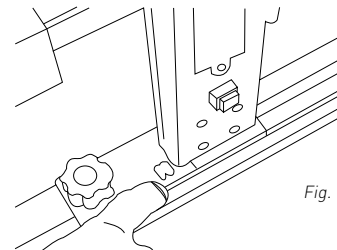


Fig. 7

7. Switch on the laser using the black button on the laser column.
8. The protractor disc has a graduated scale on both sides. Should there be no rotation, centre point 0 with the laser beam to adjust the cleat correctly. Instead, if the web app indicates the need to turn the cleat, rotate this, making the values indicated on the disc coincide on both sides (**Fig. 8.1**). By turning the protractor towards the outside of the shoe (+), the heel of the shoe moves away from the crank. By rotating the protractor towards the inside of the shoe (-) the heel of the shoe moves closer to the crank (**Fig. 8.2**).
9. Once you have found the correct position, fasten the cleat screws.
10. Repeat the same procedure for the other shoe.

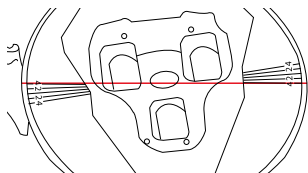
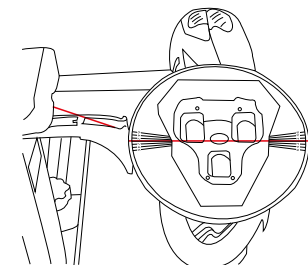


Fig. 8.1

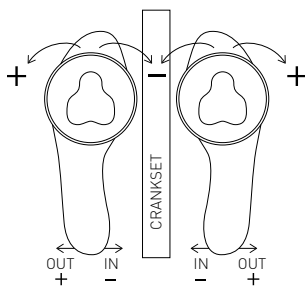


Fig. 8.2

RE-FITTING PROCEDURE:

1. Position the shoe (see point 1 of the use procedure*) (**Fig. 5**)
2. The shoe is already fitted with a cleat so choose the right protractor disc.
3. Place the protractor disc on the cleat. (**Fig. 6**)
4. Adjust the laser column until you find point zero as a reference on the protractor disc and save the found rotation.
5. Position the side measuring device (ruler) so that it touches the graduated disc, which is the reference required to mark the lateral or medial deviation of the cleat. (**Fig. 9**)
6. Remove the cleat and place the new one.
7. Keeping the same reference points found before, fasten the cleat.

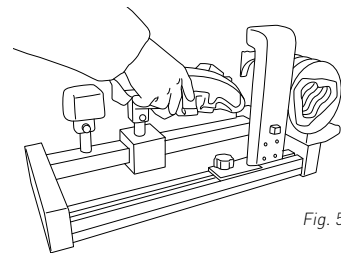


Fig. 5

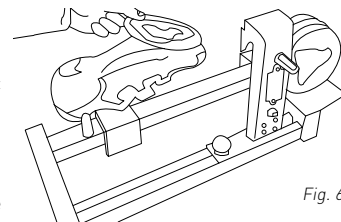


Fig. 6

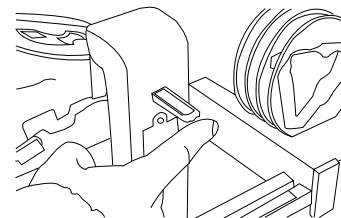


Fig. 9

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FOREFOOT TILT METER

USER MANUAL

FOREFOOT TILT METER

The failures of the biomechanical evaluation often depend on the irregular way the forefoot fits the footwear. **idmatch® Forefoot Tiltmeter** allows the measurement of the forefoot pronation or supination.

The forefoot position of the cyclist needs an adequate evaluation of the postural structure in order to avoid an annoying and invalidating pain of the lower limbs joints.

The comfort also comes from a correct position of the foot in the footwear. **idmatch® Forefoot Tiltmeter** is a tool which allows to take a simple but indicative test about the condition of the foot's position of the subject.

The sagittal laser can show postural anomalies of the foot between the cyclist's typical forefoot position and the complete underload position.

ASSEMBLY OF THE TOOL

The tool is pre-assembled, it is sufficient to insert the handle in its specific holes and fix it with the given screws using a Phillips-head screwdriver.

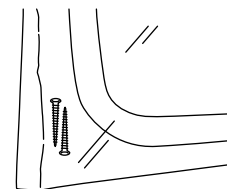


Fig. 1

1. Handle's assembly

Unwrap the handle, paying attention to the fastening screws, as shown in the figure below. **(Fig. 1)**

Insert the handle in the dedicated holes. **(Fig. 2)**

Insert the fastening screws in the two lateral holes and screw with a Phillips-head screwdriver. **(Fig. 3)**

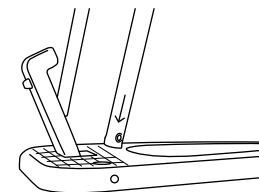


Fig. 2

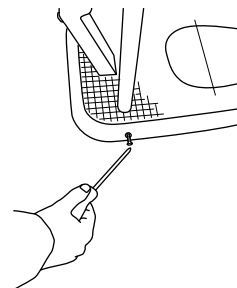


Fig. 3

2. Insertion or substitution of the battery

Unscrew the two screws which support the battery door, then insert the battery and connect it. Close the battery door with the two screws using the Phillips-head screwdriver.

(Fig. 4)

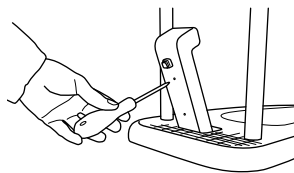


Fig. 4

HOW TO USE

Position yourself on the tool with the foot on the platform, adjusting the head of the first metatarsal bone to the dashed line drawn on the surface of the tool. Switch on the laser and align the foot lengthwise so that the laser beam can pass through the second toe of the foot and in the middle of the tibiotarsic articulation. It is recommended to specify the center of the articulation with a dot drawn by a dermographic pen in order to simplify the comprehension of the test's result.

(Fig. 5)

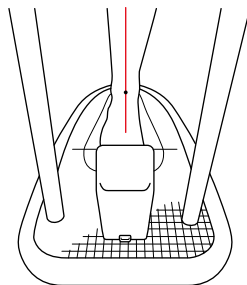


Fig. 5



Fig. 6

Put the hands on the handle to maintain the equilibrium.

(Fig. 6)

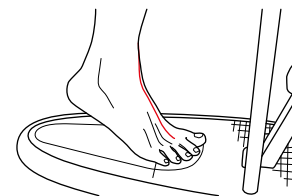
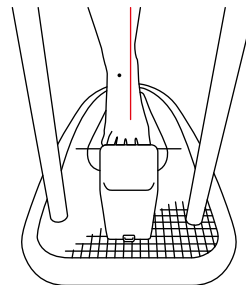
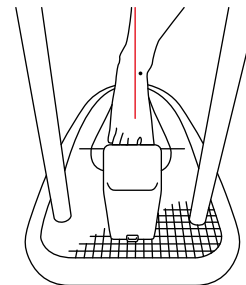


Fig. 7

Lift the heel of the foot and keep the equilibrium on the forefoot through the help of the slightly-flexed knee. (Fig. 7)



Underloaded supination



Underloaded pronation

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